BETTY FREUND: A NURSE IN FRANCE PART V

Compiled and edited by Betty Hugo*

BETTY'S LETTERS HOME

3 July 1916

... You have no idea how awfully cold it was last week, the poor soldiers, what they must suffer, and the war won't be over this year – Yesterday the South African Ambulance gave a concert in one of the big hotels here. We made 3 000 francs. It is for a poor-hospital we sort of support as well ...

I see the Germans are going as far as Madeira now. I suppose we won't hear from Africa as much.

4 February 1918

... I am longing for the summer, as I have quite got to hate the cold. We have had such awful bread lately, quite uneatable. I wonder how much longer we are going to have such bread. Of course we in the hospital are still very well off, but most days we have stew, hardly any beef...

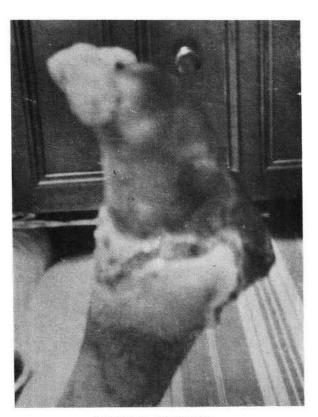
When you go out to tea you get black tea or coffee, no sugar, and only toast or sandwiches, no cakes. In England it is far worse, so we must not grumble...

Vera Brittain says: "Whenever I think of the War to-day, it is not as summer but always as winter; always as cold and darkness and discomfort ... (Testament of Youth, p. 372).

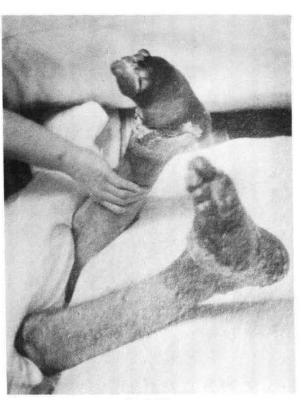
14 February 1918

... I wonder where we'll all be next Xmas. The war won't be over ... I don't know how the Ambulance will still last. It is marvellous to think we have lasted over 3 years and that all by public subscription. People are getting poorer, so I don't suppose the subscriptions will come in so freely any more...

Last week we got heaps of wounded in again from Salonika, some very bad indeed – 4 with frozen feet, you have no idea how bad frozen feet can be and how they smell. It is the most awfull smell on earth and it is most fearfully painful, poor men...



The effects of frost-bite



Frost-bite

24 February 1918

... Last week we had a fearful accident here. A young soldier of 24 came down on leave to see his parents who live in a little village near here. He took a goods train to arrive sooner to see his mother. At the station here at Cannes he jumped out before the train had quite stopped, his bag fell between the rails and in trying to get his bag his arms were crushed to pulp – the train moved back ... [his] arms were hanging on by some tendons when they brought him in ... had to amputate both arms above the elbows. He is such a nice boy and never says one word...

9 March 1918

... Here I am again in bed, this time with a very bad cold. I caught a slight cold 4 months ago, and every month it seemed to get ... a little worse, so at last, last week, I had to give in and come to bed.

I really have bronchitis now, I cough a bit and that is so tiring. Col. Casalis thinks the climate here is not good for me, so I am coming home, if you'll have me back. Over 3 years of nursing has tired me out too, you can't keep on for ever, and the climate here is very tiring. As soon as I am better I am going to the mountains for a little and then I am going home in the Summer. I don't want to leave here before August or September, if I can help it —

Please don't think I am very ill. I had my chest thoroughly examined by 3 doctors and they all say there is absolutely nothing wrong with my lungs, only the bronchial tubes have got inflamed. Last night I even had X-ray examinations of my chest and there is absolutely nothing wrong with me - but I thought I should write and tell you all. I want to come home so as not to spend another winter here, I don't think I could stand that. I can't tell you how fearfully sorry I'll be giving up nursing the soldiers; it seems the only thing that matters these days, just to get the poor soldiers well. And when I think I'll have to give up nursing I almost can't bear the thought of it all. In Luckhoff there is nothing for me to do. I'll be glad of the rest at first, but afterwards -

One is only really happy when you work and you do something for others in life. . .

14 March 1918

... I am still taking life very easy but am tired of doing nothing, only they won't let me start work just yet – hardly cough at all ... this year the ... coast towns have had a sort of influenza which settled on your chest and gave you a cough – you should hear Col. Casalis cough, it is much worse than mine...

I thought I would write soon again so that you should not be anxious.

16 March 1918

... The French doctor said it was a touch of pleurisy I had and that there was nothing wrong with me. It was catching one cold on top of another that made my cold so bad, and that was only because I am so careless and did not dress warmly enough. Still, I think I might come home by the end of the year...

It will be your birthday by the time this reaches you, so I wish you all happiness dear Mother for the coming year. Next year we will all be with you again I am sure. . .

20 March 1918

... I am much better, but of course am not working ... am having a lazy time, in the sun all day, and everybody is so nice to me. I thought I would write and answer your letter at once, although I have written once this week already...

25 March 1918

... To-day the wind is blowing a perfect gale, so I am staying in bed, it is cold too –

Last week Col. Casalis took some fluid off my chest, do you remember like Dr Buller did, and that made me better at once. I have been 4 times well examined under the Ray on X and by a specialist too and he says there was only this cold I caught on the chest, could not get rid of it and it formed some fluid. Then they had the fluid very thoroughly examined in the Laboratory and the result is there is absolutely nothing wrong with my lungs — so you need not worry and the rest is doing me good...

29 March 1918

... I am feeling very well, specially now that I have had everything examined and I know there is nothing wrong with me, it was a neglected cold which gave me pleurisy. I hardly cough, but

they won't let me go out at all until the weather is quite warm. Next time I have a cold I'll come to bed at once, because I hate being ill. Of course everybody is upset about the war news, and that worries one too, how many thousands of young lives are lost again and it won't be over soon...

Hopital Blom. Rivage.

25:11 : 1918

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hack in the ward again.

7 April 1918

... They had the fluid again examined and the doctors say there is absolutely no sign of tuber-culoses so you need not worry...

21 April 1918

Dear Mother,

Thank you for you letter received this morning – I am sorry to hear Willy is still ill– he used to be so healthy, and now we are always ill and we none of us have turned out any great success in Life, have we? I hope Willy will soon be well, don't be

hard on him, because it is terrible to be ill. This last week the weather has been so bad that I could not get up at all, and have had one or two rather bad days. But now I am much better again, and the Doctors think I'll soon be quite well. They say Pleurisy is always long, and I have Bronchitis with it. I am having a thorough rest, and am so well looked after, so don't worry about me.

If Mina wants to come over to France to do some war work, let her come, it will do her good and will make her more satisfied with South Africa afterwards. I see Miss Fogerty (Mina's teacher)

is teaching in London, she is teaching children to speak again, who have lost the power of speech through air raids. There are ... children of all ages who have lost their speech through shock, isn't it sad?

Thank you very much for the money received last week ... you always need something when you are ill.

Some people from Grahamstown are going to send the Ambulance some jam. I wonder when it will arrive, as letters take from 6 to 7 weeks nowadays to come over...

Love to you all at home. Betty

27 April 1918

Dear Mother

I was fearfully upset when we got your cablegram yesterday afternoon. I am so sorry you should have been upset by Col. Casalis letter - I am not at all so ill. I caught a cold and it made me cough and afterwards gave me pleurisy. All Doctors say Pleurisy is not dangerous but it always lasts so long. I hardly cough now and am much better. I have everything done for me here with lots of clever doctors always coming to see me and Col. Casalis and Madame Casalis can't do enough for me. And if I did not get well on the journey out, who could attend to me in Luckhoff ... If I felt at all very ill I would cable to you, but I am looking very well and feeling much better, cough about twice a day and not at all in the night. Please don't think of coming to fetch me, you don't know how fearfully difficult it is to travel. Col. Casalis says he had to write to you as he feels responsible for me, but he must have said more than he meant to in his letter, to have upset you so.

I can assure you I am much better. I won't say I am quite well yet, because I am not, as I still cough a little. I have massage, X ray treatment and everything you can think of. One week when the cough was very bad they got oxygen for me. I am spoiled in every way. I could not have been better looked after anywhere else. I am coming home this year, but a few months later. I would arrive in the winter with you, and travelling is so bad now, I want so see whether it won't be better later on —

Please don't worry about me – Cablegrammes always take a week to come and a week to go.

Both the Casalis' and I cabled to you to-day.

Please don't worry about me. Love to all. Betty

better looked after any where else. I am coming home this plan but at few months botter. I would arrive in the winter with you I traveleng to see whether it would be better bater on.

Please don't warry about no - lable praines always take a week to come of a week to the brish the loss also of collect to you to don't wo only about please don't work about to please don't work about to please don't worky about

This was the last letter. Casalis's cablegram must have been the one that said: "Come at once".

The final Allied counter-offensive began in July 1918 with three drives against the German salients in Aisne-Marne, Amiens, and St. Mihiel. Then the Allies mounted three converging attacks along the entire front from Verdun to Ypres.

The Armistice was signed on 11 November at 11 o'clock in the morning, six months after Betty had died.

Why did Betty not go home?

She was in capable hands – hands that would be there to help her at the end. To have returned in the condition she was in - if she had survived the journey – would not have softened the blow to her mother.

Nowhere in her letters is there so much as a hint of self-pity, or an appeal for help. She chose rather to reassure others, to minimise her own suffering. In the three years and five months in France she had found fulfilment in her service to wounded soldiers and she chose, at the end, to remain where she had served.

Appendix

- The Deed of Agreement with the Johannesburg Hospital Board, March 1913, with Regulations attached.
- An Identity Card issued by the French Government, undated, but presumably issued on Betty's arrival in Cannes.
- A travelling permit issued by the XVe Corps d' Armee, Cannes, December 1915, signed by G.A. Casalis de Pury.
- Certificate and Identity book issued by the French Red Cross, February 1916.
- A certificate issued by the St John Ambulance Association of England to certify that Betty was qualified to "render First Aid to the Injured", April 1916.
- Testimonials from Dr. Ackermann; Dr. Griffin, FRCS, Surgeon to S.A.A. Surgeon to Scarborough Hospital.
- Two letters from Sister Archer-Isaac to Willy Freund, written after Betty had died.

Miss Elizabeth Marie Freund

DEED OF AGREEMENT

BETWEEN

Johannesburg Kospital Board

AND

Nursing Probationers.

Nearch 31 5/2 1963

2971-22/6/08-500.

Memorandum of Ligreement made and entered into by and between

Enlins Sepper Esq.

as representing the Johannesburg Hospital Board, and duly authorised to act on its behalf, hereafter referred to as the Board, of the one part, and

Elizabeth Main Freund

hereafter referred to as the Probationer, of the other part.

- 1. The Board hereby engages the services of the Probationer, who hereby agrees to render the same as a Probationer in the study and practice of the duties of a skilled Hospital Nurse, for a period of three years, reckoned from the 4th day of **Dreember 1912.
- 2. Such services shall be rendered without payment during the first six months, reckoned from the day of Describer graduring the next ensuing eighteen months the Probationer shall be paid at the rate of £25 per annum, payable monthly; and during the last twelve months at the rate of £42 per annum, payable monthly.
- 3. The Board also undertake to supply the Probationer during her term of service with indoor and antidoor uniform, in accordance with the pattern approved by the Board, from time to time, to a reasonable extent, and with board, lodging, washing, and medical attendance.
- 4. The Probationer shall be subject to the following conditions and stipulations:—
 - (a) All applicants for appointment as Probationers must be between the age of ninetcen and thirty, and must furnish to the Nursing Superintendent, in writing, satisfactory testimonials as regards age, education, and moral character, and, if approved, must undergo an examination by the Resident Medical Officer as to health and physical fitness for the duties of the situation. They must enter upon their duties on trial for three months, and if the result of such trial prove satisfactory to the Resident Medical Officer and the Nursing Superintendent, an agreement to serve three years shall be entered into with the Hospital Board on the following terms, viz.: That the person so bound shall serve in the Hospital in the capacity of a Probationer for the term of three years (inclusive of the three months' trial), and shall during that period comply with and obey all the bye-laws of the Hospital; that she shall receive such remuneration as the Board may determine upon, together with uniform, board, lodging, washing, and medical attendance, and be treated in every respect as a junior nurse of the Hospital, the Board on their side undertaking to see that a regular system of training and instruction in nursing be given. On completion of her agreement, such Probationer shall, on receipt of certificate of service from the Nursing Superintendent, be entitled to present herself to the Medical Committee for examination as to proficiency, and on receipt of a satisfactory certificate of proficiency from the Medical Committee, the candidate shall be entitled to receive a formal certificate or diploma from the Board, in proof of her length of service, training, and proficiency, and she shall, on obtaining a certificate, be eligible for promotion.
 - (b) The lectures in connection with the training and instruction of Probationers given by members of the honorary and resident medical staff shall be divided into a preliminary and an advanced course.

- Probationers shall be required to pass two separate examinations before obtaining their certificate of proficiency, and shall not be allowed to go up for the advanced course until they have passed the preliminary: but in the event of any Probationer having attended the necessary course of instruction she may go up for the two examinations simultaneously.
- (d) The preliminary course shall consist of lectures on anatomy and physiology, together with practical work in bandaging fractures, etc. The advanced course shall consist of lectures on nursing proper, with special regard to ventilation and general hygiene, and the nursing of special cases after operations.
- (e) The examination shall consist of at least six written questions, and a viva voce examination to be conducted by the honorary and resident medical staff.
- (f) During the term of training such probationer shall perform night duty for at least six months, not necessarily consecutively, and shall obey all the bye-laws of the Board for the time being in force, and shall also obey, conform to, comply with and carry out any proper and lawful order of the Board or any of its staff of officials properly authorised to give such order, and shall also be bound to attend the Board's course of lectures, and to study the subjects prescribed by the Board from time to time for examination.
- 5. In the event of the Probationer committing any breach of any provision of this agreement, or contravening any provision of the said rules or of the said bye-laws, or failing, to the satisfaction of the Board, to diligently perform the services required of her or to attend the lectures or pursue the studies provided by it, the Board shall be at liberty to cancel this agreement at any time without notice.

Executed at Johannesburg in duplicate original this

day of

March

19/3

AS WITNESSES:

CBoothing Eugh

2 janet n. Prode

Chairman.

Probationer.

REGULATIONS

FOR THE

PROBATIONERS

OF THE

JOHANNESBURG HOSPITAL.

- 1. Women desirous of receiving training as Nurses should apply to the Nursing Superintendent, and if they are suitable, and there are vacancies, they will be received into the Hospital as Probationers. The age considered desirable for Probationers (single or widows) is from 21 to 30. A certificate of age and health, and testimonials of character, according to the forms supplied by the Nursing Superintendent, will be required.
- 2. Probationers will be under the authority of the Nursing Superintendent, and will be subject to such Rules of the Hospital as may be in force from time to time. In cases of misconduct or inefficiency, they may be suspended at any time and discharged with the approval of the Committee.
- 3. Candidates are taken on trial without salary, and if approved they will be engaged for a period of three years. The course for training lasts for three years, and Probationers will be required to sign an Agreement to that effect. The Agreement thus made in consideration of the training she receives can only be terminated by consent of the Committee, on proper application being made, and on grounds which appear to them sufficient.
- 4. Probationers will be supplied with board, lodging, washing, uniforms, and medical attendance, and will receive the following remuneration:—First six months, nil; for the following eighteen months, at the rate of £25 per annum; third year, £42. Should any Probationer leave without the sanction of the Committee, she shall forfeit her Certificate and the value of the uniform supplied.

- 5. The Nursing Superintendent may retain the services of any Nurse willing to stay after the expiration of the three years' training, and to such Nurse a salary of £60 per annum will be given.
- 6. Probationers are to keep the apartment alloted to their use, neat, clean, and in proper order. They will be allowed a yearly holiday of one month, subject to the convenience of the Institution, and to the Regulations which may at any time be in force.
- 7. A Register will be kept in which will be entered the names of all women joining the Hospital, and a record of their conduct and qualifications. This record will be submitted to the Hospital Committee. On the completion of the engagement, and upon passing the necessary examinations, a Certificate of Proficiency will be granted by the Hospital Committee.
- 8. In case of sickness or indisposition, a Probationer must report herself to the Nursing Superintendent, who will, if necessary, procure medical advice and attendance. If at any time during the period of her engagement a Probationer shall be absent from duty through sickness or ill-health, or if it shall appear to the Medical Staff that she is physically unfit to perform her duties, it shall be in the discretion of the Committee to terminate her Agreement.
 - 9. Probationers will be required to pay a premium of 210 on entering the Mospital, such premium being refunded in full to Probationers failing to pass an Examination in General Knowledge (Fifth Standard) to be held within a fortnight after admission. Probationers who, in the opinion of the Mursing Superintendent after three months work in the Wards are found to be unsuitable, will be discharged half their premium being returned to them on leaving the Hospital.

EXTRAIT DU RÈGLEMENT

Ant. 8. — Le personnel des Sociétés d'assistance employé dans la zone de l'arrière des armées y est soumis aux lois et règlements militaires; il est justiciable des tribunaux militaires par application des articles 62 et 75 du code de justice militaire.

ART. 9. – Les membres du personnel de ces sociétés portent le brassard de neutralité dans les conditions prévues par les conventions internationales.

Il est délivré en même temps une carte nominative d'identité qui est signée par le délégné régional ainsi que par le chef du service de santé.

Tout porteur de brassard doit être constamment muni de cette carte

Dubois et Umer - 1714-12-15

RÉPUBLIQUE FRANÇAISE

MINISTÈRE DE LA GUL INL

SERVICE DE SANTÉ

COCIÉTÉS D'ASSISTANCE

aux Blessés & Malades des Armées de Terre et de Mer (DÉCRET DU 2 MAI 1913)

Grançaise Française



CARTE D'IDENTITÉ

du Personnel appartenant

Stamp: Ambiliance Sud. Africaine Cannes 156 bis Hopital Reau Rivage

PHOTOGRAPHIE

Ministère de la guerre

Association des Dames Françaises

CARTE D'IDENTITÉ

Nagennoselle Freund Prénoms: Blizabeth Maire

Fonctions: In framere

Domiciliée à Tuckhoff Canton Grange Freeslate Département Chirpe du mag Le Directeur du Brassard de neutralite Le Delegue regional.

tve Region Croix-Roug Association Ses Dames Françaises Le Déléqué Regional

15 e Region Scruice De'Sante Le Directeur

XVº CORPS D'ARMÉE

Ambulance Sud-Africaine

Place de Cannes

HOPITAL BEAU-RIVAGE Nº 156bis

1 - Permission, congé ou prolongation; en indiquer la nature et inscrire en toutes lettres le nombre de jours.

OFFICIER

(1) Congé de Un mois
valable du Deux Décembre 1915 au Deux Janvier 1916 inclus
accordé à Melle l'Infirmière Freund

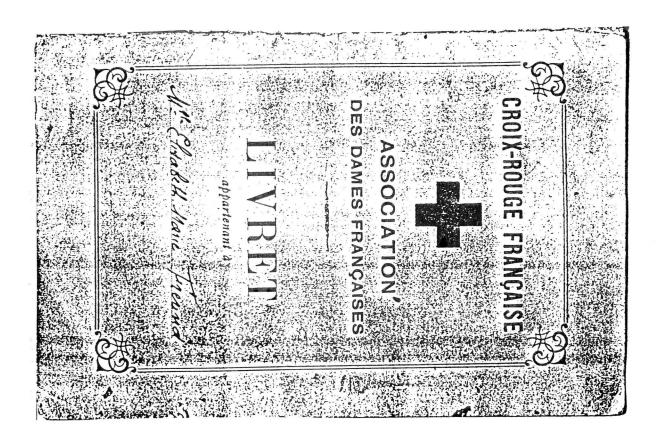
pour aller à Londres

A CANNES, le 2 Décembre 1915

Le Chirurgien-Chef.



The above document was signed by I A. Casalis de Pary and the stamp in bottom, right corner much by the Commissional Special de Dieppe



CROIX-ROUGE FRANÇAISE

ASSOCIATION DES DAMES FRANÇAISES

Secours aux Civils dans les Calamités Publiques Secours aux Militaires Blessés ou Malades en cas de Guerre

RECONNUE D'UTILITÉ PUBLIQUE Fondée en 1879

SIÈGE DE L'ASSOCIATION

12, Rue Gaillon, PARIS (Avenue de l'Opéra)

Le présent livret contient 24 pages

OTA

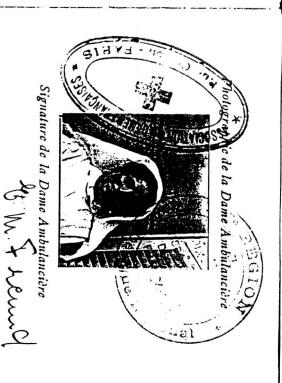
Nous rappelons que les diplômes délivrés dans nos Ecoles ne donnent pas le droit d'exercer une partie quelconque de la Médecine; ils attestent seulement une capacité pour les fonctions d'ambulancière ou de garde malades.

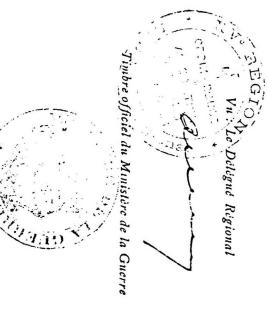
C'est ce qu'il faut bien comprendre soit pour

éviter l'exercice illégal de la Médecine, soit pour prévenir les conflits de prééminence dans le fonctionnement des hópitaux auxiliaires.

Le grade d'Ambulancière-Major ne donne pas un droit absolu d'en exercer les fonctions dans les hópitaux de l'Association; toute ambulancière, quels que soient ses titres devra accepter les

fonctions qui lui seront désignées.





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Comité de Cennel No S Livret de Dame=Ambulancière Appartenant à Mi Ellabett Mane Freunc Nee achteffeld prangetire Anglerie Light Manie Medical par mariage avec Nationalité par aberet de naturalisation en date Demeurant à Leekkel Institute No du brassard Miss francère le No du brassard Miss Supulancière le Ayant obtenu le diplôme d'Ambulancière le Le Directeur de l'Enseignement: La Présidente: Le Directeur de l'Enseignement: La Présidente:
Mt Elisabeth, Saine Frederich engagete à la date du Novembre 1414 à remplir en temps de guerre les fonctions de Dame-Ambulancière dans l'un des hôpitaux de l'Association. La Présidente de la Société: La Lépica Signature de la Dame-Ambulancière le Signature de la Dame-Ambulancière le Marrie La Maise. Signature de la Dame-Ambulancière le Marrie Le Maise.

Le Comité de a désigné M pour remplir les fouctions de	d La Présidente du Comité :		a quilté son service le	La Présidente du Comité ;	
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The Order of St. John of Berusalem in England. AMBULANCE DEPARTMENT.

The St. 30hn Ambulance Association.

PATTON:
HIS MOST GRACIOUS MAJESTY THE KING.
(Severeign Head and Patron of the Order)

PTEBLD-MARSHAL H.R.H. THE DUKE OF CONNAUGHT, K.G.
(Grand Prior of the Order).

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the control of the co

Tranch of the Association,

and is qualified to render "first Rid to the Injured."

4.9x REGISTERED AT ST. JOHN'S GATE, CLERKENWELL, LONDON, E.C. .

Certificato

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SOUTH AFRICAN AMBULANCE.

Nov30 /16

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Höpital Beau Riving. Cannos A. M. France. Dec. 16th/18.

My dear Willie.

The Ambulance closes on elbarcis

15 th - I hope to be able to

leave for Douth africa about

ellay - so I ought to be back
by the beginning of June - and
I shall be glad to be home

once more.

But I feel so sad at having to return without dear BetyWe had so opten discussed the great day of our return together, a had looked forward to it so.
If she had lived we would have been back by now as I had made her promise to return with me in October, because of ter health, she would not come sooner.

I hope your health is better a city beat winds in best would not come sooner.

Author's Note

I wish to thank the following for their interest, advice, and assistance:

My cousin May Roux (she is the eldest niece; I am the youngest); my aunt Rose Freund; all my Freund and Roux cousins; my brother-in-law Kay de Villiers; Dotman Pretorius; Albert Werth of the Pretoria Art Museum; Miss Moller of the U.P. Medical Library; Miss Northey of the S.A. National Museum of Military History; Commandant

C.J. Nöthling of the Military Information Bureau in Pretoria; my colleague Andries Wessels.

A special word of thanks to Janice Farquharson for her *Historical Perspective* and for her enthusiasm in providing comments on historical background throughout.

Finally, I wish to thank my husband, Leon, for his support and understanding.

*A biographical sketch re the author of this article, who is a senior lecturer Dept of English, University of Pretoria, appears at the end of part 1 of the article, in Militaria 15/1 of 1985.